**5TH KUP BLUE TAG THEORY**

MEANING OF PATTERN YUL GOK

YUL GOK is the pseudonym of a great philosopher and scholar Yi I (1536-1584 A.D.) nicknamed the "Confucious of Korea". The 38 movements refer to his birthplace on 38 degree latitude and the diagram represents the scholar.

MEANING OF BELT COLOUR BLUE

Blue signifies the heaven towards which a plant matures into a towering tree as training in Tae Kwon-Do progresses.

KOREAN TERMINOLOGY

ELBOW - PALKUP   
JUMPING - TWIGI   
BACK HEEL - DWIT CHOOK   
DOUBLE FOREARM BLOCK - DOO PALMOK MAKGI   
HOOKING BLOCK - GOLCHO MAKGI   
TWIN KNIFEHAND BLOCK - SANG SONKAL MAKGI   
ELBOW STRIKE - PALKUP TAERIGI   
X STANCE - KYOCHA SOGI   
UPSET PUNCH - DWIJIBO JIRUGI   
HOOKING KICK - GOLCHO CHAGI   
STRAIGHT FINGERTIP THRUST - SUN SONKUT TULGI